

ACA REGIONAL INTERGROUP 558- GREATER TORONTO & AREA

MEETING LOCATIONS AND TIMES FOR GROUPS

A 12 Step Fellowship for Adult Children of Alcoholics and Other Dysfunctions

DATE/TIME	AREA	MEETING NAME	MEETING LOCATION	ADDRESS	INSTRUCTIONS
MONDAYS					
7:00-8:30 PM	NORTH YORK	ACA Toronto North	North York City Centre	5100 Yonge Street. M2N 5V7	Between the Aquatic Centre and Library on the lower floor in Committee room 1, 2, or 3 *PLEASE CHECK WEBSITE www.acatorontonorth.org BEFORE ATTENDING A MEETING*
TUESDAYS					
7:30-9:30 PM	TORONTO	Foxbar	St. Andrew's United Church	117 Bloor Street East. M4W 1A9	2 ND FLOOR. If door is locked. Press buzzer on the wall. Say "I'm going into the church". Accessible.
WEDNESDAYS					
7:30-9:00 PM	TORONTO	Jericho	St. Andrew's United Church	117 Bloor Street East. M4W 1A9	MAIN FLOOR. Accessible.
7:00-8:30 PM	WHITBY	Durham Region ACA	St. John's Anglican Church	150 Victoria Street. L1N 9L8	Parking available in lot on the east side of church
THURSDAYS					
6:30-8:00 PM	BELLEVILLE	Belleville Seeds of Change	Eastminster United Church	432 Bridge Street East. K8N 1R1	ROOM 402.
7:00-8:30 PM	AURORA	York Region ACA	St. Andrew's Presbyterian Church	32 Mosley Street. Aurora. L4G 1G9	UPSTAIRS ROOM. Not accessible.
7:00-9:00 PM	ETOBICOKE	West End ACA	St. Paul's Anglican Church	404 Willard Avenue. M6S 3R5	Parking available behind church accessible from Evans Avenue. Not accessible.
FRIDAYS					
7:00-8:30 PM	SCARBOROUGH	Scarborough East	St. Andrew's Presbyterian Church*	115 St. Andrews Road. Scarborough. M1P 4N2.	Free parking available behind church. TTC: 10-15 mins walking from McCowan & St. Andrews Road bus stop
SATURDAYS					
5:00-6:50 PM	TORONTO	Chrysalis	Church of the Redeemer	162 Bloor Street West. M5S 1M4	Enter through the East door. Not Accessible.
SUNDAYS					
6:00-7:30 PM	EAST YORK	Nova	St. David's Anglican Church	49 Donlands Avenue.	LOWER LEVEL. Directly across from the Donlands Subway Station. Accessible.
3:00-4:30 PM	BELLEVILLE	Belleville Laundry List Meeting	Eastminster United Church	432 Bridge Street East. K8N 1R1	This is a regular ACA meeting.

*** PLEASE ATTEND SIX MEETINGS IF YOU ARE NEW TO ACA! ***

STEP STUDIES:

Step Studies commence throughout the year and run for about 17 weeks. Everyone is welcome to attend, including members from other twelve-step fellowships. For further details please visit www.acatoronto.org to get updated information. Step Studies, once started, are open to anyone for the first three weeks and are then closed.

Step Studies are empowering, inspiring, free, clarifying, supportive and fun!

WSO LITERATURE: (AVAILABLE AT MOST MEETINGS)

***New* ACA Big Red Book 10th Anniversary Commemorative Edition \$30**

ACA Big Red Book	\$25 each
Twelve Steps of Adult Children Workbook (A.K.A. THE YELLOW BOOK)	\$20 each
Daily Affirmations Book	\$20 each
The Laundry Lists Workbook	\$20 each

E-version of the **Big Red Book** available online at the WSO website www.adultchildren.org, Amazon, and Indigo
E-Book of “**The Laundry List The ACOA Experience**” by Tony A. available online at Amazon

***** ACA meeting groups can order books by emailing us at: *****
acatorontofellowship@gmail.com

ACA Toronto & Area Contact Info:

BY EMAIL: acatorontofellowship@gmail.com
BY PHONE: 416.631.3614
WEBSITE: www.acatoronto.org

World Service Organization (WSO) Contact Info:

www.adultchildren.org

(The WSO website has several links for supportive information including the **12 Steps, 12 Traditions, the Problem, the Solution, the Promises**, the **Laundry List**, Meetings in all cities and countries, audios, videos and much more)